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### **Raising Awareness of the Benefits of Hospice and Palliative Care**

*High Peaks Hospice Celebrates November as National Hospice and Palliative Care Month*

(Glens Falls, NY) – Throughout the month of November, High Peaks Hospice will be joining organizations across the nation hosting community activities in recognition of National Hospice and Palliative Care Month.

For more than 40 years, hospice has helped provide comfort and dignity to millions of people, allowing them to spend their final months at home, surrounded by their loved ones. Hospices ensure that pain management, therapies, and treatments all support a plan of care that is centered on the person's goals. This care also provides emotional support and advice to help family members become confident caregivers and adjust to the future with grief support for up to a year.

"It is essential that people understand that hospice and palliative care is not giving up, it is not the abandonment of care, and it is not reserved for the imminently dying," said Edo Banach, president and CEO of the National Hospice and Palliative Care Organization. "Hospice is a successful model of person-centered care that brings hope, dignity and compassion when they are most needed. This is one reason that the national [My Hospice Campaign](#) was launched in 2018."

Every year, nearly 1.5 million Medicare beneficiaries receive care from hospices in this country, reports NHPCO. Hospice is unique in that it offers an interdisciplinary team approach to treatment. Caring for the whole person allows the team to address each patient's unique needs and challenges.

"We focus on you and your life. We are honored to be an integral part of the last journey, and we are committed to helping make that journey as memorable and as full as life as possible," said Nick George, Executive Director of High Peaks Hospice.

Hospices are also some of the best providers of community-based palliative care. Palliative care delivers expertise to improve quality of life and relief from pain. It can be provided at any time during an illness – during and after treatment, from diagnosis on.

More information about hospice, palliative care, and advance care planning is available from High Peaks Hospice [www.highpeakshospice.org](http://www.highpeakshospice.org) or from NHPCO's [CaringInfo.org](http://CaringInfo.org).

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#### *About High Peaks Hospice*

*High Peaks Hospice provides end of life care that listens with respect, cares with compassion, supports with choice and comforts with understanding wherever you call home. If you think you or your loved one may be a candidate for hospice, don't wait. Talk to your doctor today to learn more about how hospice can provide care, compassion and support.*