

## Support May Include:

- Listening to the stories of what brought you to this point in life
- Encouraging life review
- Praying with you and your family
- Reading of Scripture and other Inspirational materials
- Spiritual/emotional counseling
- Encouraging the use of spiritual resources that have been helpful in the past
- Use of sacraments and rituals
- Use of music, meditation, journaling, and expressive arts
- Providing a caring presence



### High Peaks Hospice has offices in: **Saranac Lake Mineville Glens Falls**

*Servicing Warren, Essex and portions of Franklin,  
Hamilton, St. Lawrence, and Washington Counties*

**For more information call  
518.891.0606**

### Our Mission

Dignity, comfort and peace  
at the end of life

High Peaks Hospice provides end of life care that listens with respect, cares with compassion, supports with choice and comforts with understanding wherever you call home.



## SPIRITUAL SUPPORT



We believe that spirituality has an integral role in the human journey, especially as the endpoint comes more clearly into focus. We are companions on the way, and honor the deeply personal and sacred nature of your unique journey.

## Your Journey is Personal

We recognize that spirituality is a profoundly personal and often private issue for the people we serve. We honor the individual nature of each person's spiritual and emotional journey, including our patients, their caregivers, and their families.

## ...and Unique

We support the unique rituals and traditions of each person that we serve, both in collaboration with their own faith community and through our services.



We provide a caring presence that is focused on the needs and issues of those who are striving for dignity, comfort and peace at the end of life.

## Call a Hospice Chaplain When...

- You feel confused or upset
- You are asking, "Why?"
- Your family is upset
- You want to receive sacraments
- You want someone to pray
- You have heard hard news
- You want to contact your pastor or priest
- You have difficult decisions to make
- You are dying
- You are mourning
- You are struggling to come to terms with what is happening
- You want strength, courage and hope beyond your own

## Spiritual Support

Spiritual support services are provided in a variety of settings: in the home, assisted living facilities, nursing homes, and hospital in-patient.



**Spiritual needs** are supported by a Spiritual Care Coordinator, often in collaboration with the hospice social worker.



**Bereavement support** for family members is initiated by the social worker.