

## Mission

*Dignity, comfort and peace at the end of life.*

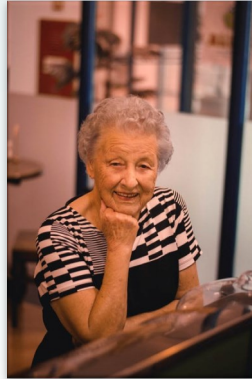
*High Peaks Hospice provides end of life care that listens with respect, cares with compassion, supports with choice and comforts with understanding wherever you call home.*



High Peaks Hospice serves patients in Warren, Washington, Essex, Franklin, Hamilton and St. Lawrence counties.

## Preference

Although we cannot control the time of our death, hospice, gives us control over how we are cared for near the end of life. It is powerful feeling to have options at the end of life, to be able to make your own decisions and to know your wishes will be honored.



If you think that you or a loved one may need **HPH**, we are here to help. Focused on patient comfort, as well as support for the family and caregivers. High Peaks Hospice helps patients achieve a peaceful life closure, aligned to their values, wishes, choices and needs.

WWW.HIGHPEAKSHOSPICE.ORG

Living your best life, with our help.

Your **H**Health  
Your **P**reference  
Your **H**ospice



Serving patients in the Adirondack region since 1986

**518-891-0606**

[www.HighPeaksHospice.org](http://www.HighPeaksHospice.org)  
[hphospice@highpeakshospice.org](mailto:hphospice@highpeakshospice.org)



High Peaks Hospice (HPH) is not a place. It is a way of caring.

**FOR PATIENTS**

Our team, along with the patient and their loved ones will create a plan of care to address the physical, emotional, spiritual and practical needs based on your choices.

**FOR CAREGIVERS**

Maintaining the emotional health of the caregiver is important not only to the caregiver but to patient care as well. HPH offers one-on-one support in the home, group support and caregiver training classes.

**Choosing Comfort Care**

**When to Contact HPH**

*Anytime you want to know more, or you or someone you know is experiencing any of the following:*

- Frequent hospitalizations
- Increased weakness
- Decrease in their ability to function
- Progressive unintentional weight loss/gain
- Increased oxygen dependency
- Dementia with inability to communicate
- Desire to stop treatment
- Trouble swallowing
- Desire to focus on comfort measures

*High Peaks Hospice is here for you!  
Contact us today*

518-891-0606



**Choices included in your High Peaks Hospice Benefit**

**Clinical**

- Nursing Care
- Medical Consultation
- 24 Hour On-Call Nursing
- Appropriate Medications
- Medical Equipment

**Quality of Life Support**

- Social Work
- Volunteers
- Home Health Aides
- Spiritual Care
- Respite Care
- Complementary Therapies
- Physical Therapy
- Occupational Therapy
- Nutritional Therapy

**Support**

- Grief and Bereavement
- Rainbow's Children's Program