



## FOR IMMEDIATE RELEASE:

### **Hope for the Holidays: Preparing those with recent loss for the holiday season**

Nov 4, 2021 (Glens Falls, NY) The High Peaks Hospice Bereavement team is hosting their Annual Hope for the Holidays gatherings. This year's theme is A Season of Change: Memories, Rituals, Traditions.

We are holding two events that are open to the community and geared to help those who have recently lost a loved one and are experiencing a holiday season without them. Attendees will receive material to help them move from the shadow of grief into the peace and hope of the season.

Event details:

#### **Keene Valley Library, upstairs room**

Saturday, November 13, 2021

2:00 – 3:30 pm

1796 Rt. 73, Keene Valley, NY 12943

RSVP for attendance: Jackie Foster 518-891-0606 or [jfoster@highpeakshospice.org](mailto:jfoster@highpeakshospice.org)

#### **Queensbury Senior Center**

Friday, November 19, 2021

4:30 - 5:30 pm

742 Bay Rd, Queensbury, NY 12804

RSVP for attendance: Kimberly Moore 518-891-0606 or [kmoore@highpeakshospice.org](mailto:kmoore@highpeakshospice.org)

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### **About High Peaks Hospice**

*High Peaks Hospice provides end of life care that listens with respect, cares with compassion, supports with choice, and comforts with understanding - wherever you call home.*

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