HIGH PEAKS HOSPICE

ANNUAL REPORT FOR 2022

OUR YEAR IN REVIEW





DIRECTOR'S STATEMENT



Dear Board Members and Stakeholders of High Peaks Hospice,

As we reflect on the challenges and successes of the past year, I am proud to report that High Peaks Hospice has continued to provide the highest quality of care to our patients and families, despite the unprecedented obstacles we faced. Throughout the pandemic, our dedicated team of healthcare professionals worked tirelessly to adapt to new protocols and ensure that our patients and their loved ones felt supported and cared for.

Due to our commitment to patient care, we are expanding our marketing and advertising to reach more people. We hear from families, far too often, that they wished they had called hospice sooner. Through our expanded outreach, we hope to give more people the knowledge they need to consider hospice and make the call earlier for their loved one.

As always, our mission remains centered on compassion and dignity in end-of-life care. We are grateful for the trust and support of our community, and we look forward to continuing to serve those in need in the years to come.

Sincerely,

Micholn Gery

NICHOLAS GEORGE

Executive Director

Mission Statement

dignity, comfort peace

High Peaks Hospice provides end-of life care that listens with respect, cares with compassion, supports with choice, and comforts with understanding wherever you call home.

2022 Service Statistics

Total Patients Served: **611**

Total Patient Care Days: 23224 days

Average Length of Stay: 49.57 days

Average Daily Census: **63.63**

Our service area includes 5,400 square miles of New York in the following counties:

- Essex
- Franklin
- Warren
- Hamilton
- Washington
- St. Lawrence



Admitting Diagnosis





This wonderful group is the bridge that connects families with our services and changes lives, allowing us to support each family's loved one on life's most important journey.

35 Years!

HPH Founders Reunite



Seated: Sr. Camillus, Ann Merkel, Dr. Robert Kasulke. Standing are The Rev. Frederick Dennis and Katrine Kretser.

High Peaks Hospice Celebrated 35 years!

High Peaks Hospice was founded in Saranac Lake in 1986 by a group of concerned citizens who recognized the need for hospice care in the Adirondacks. This amazing group of professionals, backed by incredible community support, donated their time and talents towards this worthy cause. Since then, the organization has grown and expanded its service region to 5,400 square miles, bringing a wide range of physical and emotional support for patients and their families who are living with a terminal illness.

Over 35 years later High Peaks Hospice has remained committed to its mission of providing comfort, peace, and dignity to those facing the end of their lives.

As part of its 35th anniversary celebration, High Peaks Hospice hosted two Celebratory Gatherings to reflect on the impact it has had on the community and the many lives it has touched through the years. Additionally, a group of the founders reunited to reminisce which was captured in a video High Peaks Hospice calls, "Our Beginnings" that can be found online at www.highpeakshospice.org













Volunteer Update

In the wake of COVID-19, our hospice volunteers have continued to support the mission and vision of High Peaks Hospice through a variety of roles including patient visits, bereavement support and office administration.

> Thank You!



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NORTHERN VOLUNTEER OF THE YEAR





Thank you to our volunteers for all you do!

2022 Events





Members of the Saranac Lake Artist Guild held a Silent Auction. They raised over \$1,150 for High Peaks Hospice!





REW YORK COUNCIL BA

Essex Communicy Church

The Essex Community Church ran its refreshment stand at the annual Essex Day. They raised over \$1,000 for High Peaks Hospice!



We had many wonderful events throughout the year to benefit High Peaks Hospice and help us fund our services provided to the community

> High Peaks Hospice presented Certificates of Appreciation to the Knights of Columbus Council #384 and Napoleon Marcotte for Hosting their Annual Turkey Dinner and raising \$1,000.00 for High Peaks Hospice!





Our 2nd Annual High Peak Hospice Virtual Walk for Hospice took place April 15th-May 31st 2022. We raised over \$4,300 to support our programs and the families we serve.

LP Quinn enthusiastically raised money for High Peaks Hospice as they have done for over 13 years. Each year there is a friendly competition among the classes (PreK-5) to see who can raise the most money for High Peaks Hospice. These amazing students have raised and collected













High Peaks Hospice was the beneficiary of the 9th Annual Gary LaQuay Fishing Challenge that took place this past Father's Day! Even with the cold weather and rain, 124 participants were on the lake ready to go and 61 fish were weighed in! This Challenge raised just over \$2,200 for our organization!

THANK YOU!

Thank you to Lake Champlain Yoga and Wellness for facilitating the annual 6.5K Firecracker Run in Essex, NY that raised \$2,000 for our Children's Grief and Loss Support Group!

6.5K Firecracker Run July 4th - Essex, NY



Community Bereavement Support

The High Peaks Hospice bereavement program continues to offer free grief and loss support to anyone living in the communities we serve who needs it, regardless if hospice was utilized.



In addition to our grief support sessions, peer to peer online and in-person support groups, lending library, newsletter and resources, High Peaks Hospice hosted the following gatherings throughout 2022:













Thank you Morgan for turning your passion into a fundraiser for High Peaks Hospice. Back in October Morgan hiked 32 miles in 21 hours and raised \$1370.00 for High Peaks Hospice through a Facebook Fundraiser.

Following your passions can be a powerful way to make a positive impact on the world, and one way to do so is by creating a fundraiser for High Peaks Hospice. If you have a passion for something, whether it's baking, music, or art, you can use your talents to raise funds for our organization. Here are some tips to help you get started:

- Choose your passion: Think about what you love to do, and how you can use that passion to create a fundraiser.
- Set a goal: Determine how much money you want to raise for High Peaks. This will give you a target to work towards and help you stay motivated.
- Spread the word: Use social media, email, and word of mouth to promote your fundraiser. Our Marketing Department can help you create a flyer or poster to hang up in our community or workplace and can help promote the flyer on social media.

Remember, the most important thing is to have fun and stay true to your passion. When you follow your heart, you can create something truly special that will make a difference in the lives of others. So go ahead and pursue your passion with purpose!



Give the gift of comfort and care. Donate supplies to High Peaks Hospice today.



Simply start by viewing our wishlist and choosing supplies to donate to help our patients and families. We can always use your support!

Please visit <u>highpeakshospice.org/wishlist</u> to view our list.





FINANCIAL OVERVIEW

Operating Revenue: \$4,076,673

Non-Operating Revenue Donations & Bequests \$328,552 Special Projects & Events \$114,038 Grants \$161,590 Rental & Investment Income \$43,200 Investment income (loss) - net of fees (\$112,744) Total Non-Operating Revenue: \$534,636

Total Revenue: \$4,611,309

Expenses Salaries Wages & Benefits: **\$3,289,452** Patient-Related Expenses: **\$918,302** Administrative & Facility Expenses **\$579,198**

Total Expense: \$4,786,952

Net Income: -\$175,643

If you're interested in joining our Board, please call 518-891-0606 or email admin@highpeakshospice.org.

Board of Directors

Michael Miles, MD President Queensbury

> Amy Foy Vice President Schroon Lake

Sharon Shannon, FNP Secretary Queensbury

James Horwitz, Esq Treasurer Queensbury

> Beatrice Beguin Tupper Lake

Rick Bergeron Queensbury

Julie Connors Lake Placid

Marty Deslauriers Glens Falls

Jacquelyn Dunn Lake Luzerne

Christopher Hyson, MD Lake Placid

Peggy Wiltberger, BSN Saranac Lake

2022 Donor List

\$25,000 +

C & D Fobare Trust McCutchen Foundation Shatraw Estate

\$10,000 - \$24,999

Holderied Household LP Quinn Elementary School

\$5,000 - \$9,999

Cloudsplitter Foundation Golden Household Keith Household Lindberg Household Rockwood Charitable Foundation/Trustees Thorley Household Weir Household Wolgin Household

\$1,000 - \$4,999

Adirondack Foundation - Evergreen Fund Adirondack Artist Guild Adirondack Foundation - Adele & Tom Connors Fund Adirondack Foundation - Essex Community Fund Adirondack Foundation - Glen and Carol Pearsall Adirondack Foundation - Stefy Holderied Charitable Fund Adirondack High School Basketball League American Clothing Recycling Co Bacon Household Barrie and Deedee Wigmore Foundation Bergeron Household Bilodeau Household Butler Household Charles Schwab Duerr Household Fidelity Charitable Frechette Household

Friedman Household Hazewski Household Infant Jesus of Prague Inc. Judd Household Kernan Household Kirshon Household L. Healy Household Lake Champlain Yoga and Wellness LaQuay Household Lewis Household Mele Household Michelin and McDonnell Household Morgan Household Norman and Marion Wolgin Family Foundation Redeker Household **Rogers-Carroll Family Foundation**

2022 Donor List (Cont'd)

\$1,000 - \$4,999 (cont'd)

Shaheens Super Market, Inc Shaw and Phillips Household Stewart's Foundation Stolbof Household Sylvamo - International Paper Foundation The Charles C. Freihofer III Advised Fund The Helpers Fund The Sandy Hill Foundation The United Way of the Adirondack Region Washington County Home for Aged Women, Inc Wildwood on the Lake Women's Civic Chamber Woodard Household Woodman and Cross Household

\$250 - \$999

Adams JR. Estate Adirondack Foundation - Catherine and Wayne **Johnston Fund** Adirondack Foundation - Peter and Heidi Roland Family Fund Adirondack Foundation - Rocky Bog Fund Adirondack Foundation - The Cairn Foundation Adirondack Foundation - Wild Orchard Farm Fund Adirondack Health Institute Agnew Household Alberico Household Allard Household Anderson Household Andrews Household Atkinson Household Auer Household Baltzly Household Beguin Household Belden Household Beletti Household Bergeron Household Billow Household Bird Household Boardman Household **Boquet Foundation** Brooks Household Brown Household **Buck Household** Buehler Household

Carson Household Church of St. Luke Collier Household Connelly Household Cummins Household Dake Household Daley Household Drane Household Drucker Household Dunlop Household E. Healy Household Elizabethtown Community Health Center Essex-Willsboro Book Club Finch Paper, LLC First Baptist Church Thrift Shoppe Folwell Household Fortune-Keough Funeral Home Gardner Household Gates Household Gavaghan Household George Household Goodwin Household Hathaway Household Headlands Farm Henry Household High Peaks Church Hildebrandt Household Hoffman Household Horwitz Household Hubbard Household

2022 Donor List (Cont'd)

\$250 - \$999

Hudson Falls CSD Jackman Household Keene Fire Dept Knights of Columbus - Ticonderoga Koechlein Household Kokoletsos Household Kroeplin Household Kroes Household L. Russell Household Lake Placid Volunteer Fire Dept. Larsen Household Layman Household Leeret Household Lennox Household Leonard Household Lions Club of Lake Placid Loyal Order of Moose Lodge 457 Magnus Household Marcinkevicius Household Market 32 Zone #3 McDonald Household Mead Household Michelfelder Household Miles Household Moeller Household Necci Household North Household Orsini Household Palestri Household Perkins Household Pierce Household **Pledgeling Foundation** Preston Household

Preuss Household R. Russell Household Ramsey Household Raymond Household Regan Household Reynolds Household Sargent Household Schachenmayr Household Shannon Household Shatz Household SL Football Youth Football League St. Johns in the Wilderness Staritch Foundation Steiniger Household Suttmeier Household The Masten Family Household The Peckham Family Foundation Thompson Household Tinkler Household **Tompkins Insurance** Town of St. Armand Treiber Household Ventura Household Wallace Household Wardwell Household Whitney Household Whittemore, Dowen & Ricciardelli, LLP Williford Household Woods and Pearl McCahill Family Fund Wynne Household Zahavi Household Zelski Household

"Little by little, a little becomes a lot" – Tanzanian Proverb



A BIG thank you to all of our donors! There are too many under \$250 donors to list but we appreciate every contribution we receive.

2022 Sponsors















2022 Sponsors (Con't)



Interested in becoming a High Peaks Hospice Sponsor?

Call 518-891-0606 or visit us at highpeakshospice.org/our-sponsors to learn more or request an sponsorship packet

With the help of our donors and community partners, we are able to provide our patients & their families

joy & peace

moments

comfort

right here within the local communities we love.

support



518-891-0606 www.highpeakshospice.org